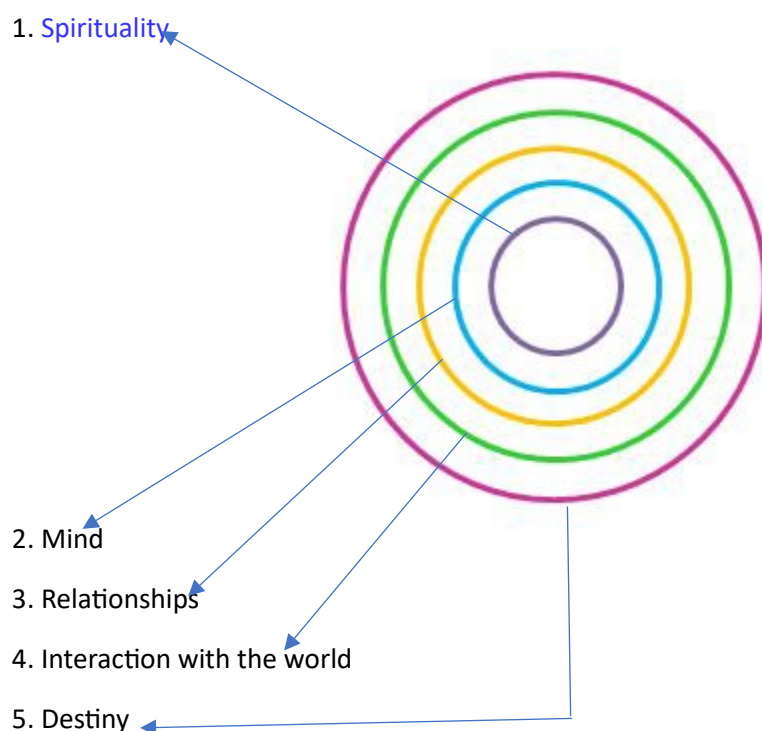


Spiritually proven methods to Happiness & Success

Everything begins with the spirit. That's where life and its interactions with the world begins. Life in the mother's womb and when the fetus is born in this world after a few months of pure innocence the mind comes into picture. The mind perceives, feels and thinks through the 5 Gyanendriyas, and acts on the world outside through the 5 Karmendriyas.

Man has the sixth sense called the intellect which governs the mind. A happy integration of the mind and the intellect gives rise to a man of perfection an equanimous person, a Sthitapragna.

We come into this world without a user's manual. We follow trends. My talk would cover topics on 5 concentric circles around us which begins with Spirituality proceeding to The Mind, Followed by Relationships, our interaction with the world which leads us to Success. Summing it up, they are:



The talk will have a number of stories on all the 5 Concentric circles. To name a few it would be on Serenity, our Spiritual nature, Existence, Prayer, Renewal, Perception/understanding, Credibility, Honesty, Attitude, Interpretation, Response, Harmony, Adjustment, Compassion, Knowledge, Detachment, Direction, Goals, Steadfastness, Courage and Purpose.

Thank you

S. Ramkumar