



# THE SCHOOL OF THE WISDOM

The Theosophical Society  
Adyar, Chennai 600020, INDIA

## November 2017 – February 2018

The School of the Wisdom aims at bringing each student to survey life 'from the centre', which is intuitive awareness. An intense sense of Life must always accompany every true student. There can be no Wisdom without an ever increasing sense of Wonder.

Essential in the progress towards Wisdom is a growing intimacy with all aspects of Nature. The message which each tree, flower, animal, meadow, sea, sky, and cloud has, must be listened to and understood.

## SESSIONS

### **The Spiritual Path of the Theosophical Movement**

Director: Mr Jon Knebel, USA  
20 November to 1 December 2017

### **Concept and Reality**

Director: Venerable Olande Ananda Thera, Sri Lanka  
5 to 15 December 2017

### **Self-Transformation and the Spiritual Life**

Director: Mr Vicente Hao Chin Jr., Philippines  
8 to 19 January 2018

### **The Meditative Brain, a Challenge to the Digital Revolution**

Director: Dr José Foglia MD, Uruguay  
22 January to 2 February 2018

## Classes and Timings

Monday to Friday

Meditation: 8.00 to 8.30 a.m.

Classes: 8.30 to 11.00 a.m. and 3.30 to 5.00 p.m.

Some afternoons will be reserved for presentations by the students, who may spend free afternoons doing research on their own or at the Adyar Library and Research Centre. Applications for Library cards are available.

## Additional Information

The venue of the Sessions will be informed on arrival and notice boards.

## Application

- ✓ Applications, providing membership details and a recommendation from the General Secretary or main Officer in the applicant's country of residence, may be emailed to: [study.hq@ts-adyar.org](mailto:study.hq@ts-adyar.org) or sent to:
  - The Theosophical Society
  - The International Secretary (SOW)
  - Adyar, Chennai 600 020, India
  - Tel: (+91 44) 2491-2474
- ✓ The Application form can be downloaded from the TS website (Learn>).
- ✓ Students may register for all or some of the sessions and are expected to attend all the classes in the session chosen. Scholarships, full or partial, may be provided for some deserving.
- ✓ TS workers: Applications should be made well in advance, providing full details and suitable recommendation.
- ✓ Attendance at the School of the Wisdom does not confer the right of residence at The Theosophical Society, Adyar. For accommodation in the Society's premises, please apply to the [acco.hq@ts-adyar.org](mailto:acco.hq@ts-adyar.org).

Those members who wish to stay for the International Convention (31 December 2017 to 5 January 2018) are requested to register, and book accommodation separately.

20 November to 1 December 2017

## The Spiritual Path of the Theosophical Movement



**Director: Mr Jon Knebel, USA**

We will look at the Objects and Aims of the Society, the Path as outlined in the *Maha-Chohan's Letter*, and again in *The Key to Theosophy*. We will look at the topic as presented by the Mahatmas in their Letters, as well as by HPB in her correspondence. We will discuss the topic as presented by Annie Besant, C. Jinarajadasa and N. Sri Ram.

Students are encouraged to find their own answers through study and contemplation.

Recommended reading:

*The Key to Theosophy* by H.P. Blavatsky

*The Mahatma Letters*

*Inaugural Addresses of Four Presidents of the Theosophical Society*

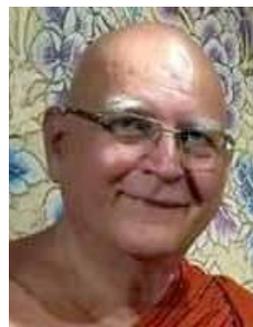
*Three Objects* [[www.theosophical.org/the-society/1043-three-objects](http://www.theosophical.org/the-society/1043-three-objects)] by Ed Abdill

*The Purpose of the Society's Objects* by Joy Mills, *The Theosophist*, Volume 118, November 1996.

**Mr Jon Knebel** has been a student of Theosophy for over 20 years. He led a Mahatma Letters study group at the Olcott headquarters from September 2011 until April 2014. Jon has now taken on the responsibility for the compiling, editing and publishing of H. P. Blavatsky's personal correspondence as part of the Collected Writings series. Jon also served on the board of directors of the Theosophical Order of Service in America and on the board of International Theosophy Conferences, Inc.

5 to 15 December 2017

## Concept and Reality



**Director: Venerable Olande Ananda Thera, Sri Lanka**

The first 5 days the accent will be on the texts that have been recommended below. Based on the third book and on my own experience, we will practise meditation daily and after the 10th December we can shift the accent from the intellectual to the experiential.

Daily there will be plenty of time for Dharma discussion as well.

Recommended reading:

*What the Buddha taught* by Walpola Rahula -[link](#) or [link](#)

*Concept and Reality* by Katukurunde Nyanananda -[link](#)

*The Heart of Buddhist Meditation* -[link](#)

**Ven. Olande Ananda Thera** has been ordained in Sri Lanka on 21<sup>st</sup> September 1975 and received Higher Ordination in August 1977.

- He was resident teacher at Rockhill International Meditation Centre, Sri Lanka
- 1982- now: Buddhist Delegate to Inter-religious living Dialogue, held in Germany, Sri Lanka, India, Bali, Japan, Pakistan, France etc.
- He conducted retreats and taught meditation all over the world.
- He is a member of INEB (International Network of Engaged Buddhists), and INEB Netherlands, and of the Network of Western Buddhist Teachers Conference, and of the Advisory Board of Mandala Project of Tibet House, New Delhi, India.
- Since 1997 Resident meditation teacher at Pagoda Meditation Centre, Pagoda, Nugegoda, Sri Lanka.

8 to 19 January 2018

## Self-Transformation and the Spiritual Life



**Director: Mr Vicente Hao Chin Jr.,  
Philippines**

Every theosophist is recommended to attend, giving tools for applying the principles in one's life and in introducing the means to lodges or section.

The course covers an approach to self-transformation that serves as a foundation for an integrated and effective life, as well as an essential preparation for living the spiritual life. It includes exercises in self-awareness and a detailed study of meditation. Other facets of the course are, approaches to daily awareness, the exploration of transcendence, nurturing essential life-skills, probing into the nature of intuition, and the integration of impersonal values into our lives.

Recommended reading:

*The Process of Self-Transformation* by Vincente Hao Chin Jr.

*The First and Last Freedom* by J. Krishnamurti

*The Key to Theosophy* by H.P.Blavatsky

*Mysticism* by William James (The chapter on *Varieties of Religious Experience*)

*Understanding Mysticism* by Richard Woods

*The Science of Yoga* by I. K. Taimni

**Mr Vicente Hao Chin Jr** is a former president of the TS in the Philippines, and a former president of the Indo-Pacific Federation of the TS. He is the author of *The Process of Self-Transformation*, *Why Meditate?*, *On Education*, and other works. He compiled and edited the chronological edition of *The Mahatma Letters to A.P.Sinnet*, and is the Associate Editor of the *Theosophical Encyclopedia*.

22 January to 2 February 2018

## The Meditative Brain, a Challenge to the Digital Revolution



**Director: Dr José Foglia MD, Uruguay**

"The Meditating Brain, a Challenge of the Digital Revolution" is a seminar about our nervous system, how our brain processes information and creates our reality. Using a reductionist approach we will study the neurons; the sense organs; the brain, it's structures and the different areas of the cortex; consciousness and self - awareness; memory; meta cognition; the development of the nervous system of animals and the Homo Sapiens brain. How our brain processes the information in digital and analog modes. We attempt to bridge science and philosophy, and some of the subjects studied by Theosophy in interactive discussions. The creative brain, holistic, artistic, intelligent, is a challenge to the digital revolution. The urgency of creating a radically New Culture for mankind.

Recommended reading: will be given after registration

**Dr José Foglia MD** graduated in 1979 as a doctor from the Medical School of Montevideo, specializing in General Surgery and Hemotherapy. He also studied acupuncture and other health-related therapies. For 5 years he taught Biology and Pathophysiology at The School of Nursing.

He joined the Theosophical Society in 1978 and became interested in the teaching of Jiddu Krishnamurti whom he met on his trips to India. Following these visits he decided to travel and learn about other cultures and ancient civilizations. Besides his medical studies, he dedicated his time to studying the link between the psyche and the body, graduating in psychoneuroendocrineimmunology in 2012. He has published his monograph 'The Neurophysiology of Meditation', and a book, 'Homo Lux'.