

Music and Meditation

Wednesday

10th October 2018

at 5:15 to 6 pm

Venue: Garden of Meditation

(between the Great Banyan tree and
Leadbeater Chambers)

You might meditate during the music
or just listen to it.

All are welcome!

MUSIC & MEDITATION

In the history of the TS there have been many epochs when enthusiastic residents have gotten together and organized music and meditation sessions on a weekly basis in the octagonal "Garden of Meditation" building, located between the Banyan Tree and the Leadbeater Chambers. Now once again some residents along with a few music lovers amongst the walkers have come forward to restart this tradition.

We will have music and meditation sessions twice a month, every second Wednesday, starting on 10 October 2018.

Ms Jaishree Kannan
Convenor, Music & Meditation Circle

