



THE SCHOOL OF THE WISDOM

EXPLORING MEDITATION

The Real Occult Power of a Human Being

MS TRAN-THI-KIM-DIEU

Dates

May 5 until 28 July,
every Friday for ONE HOUR
at
4 PM Paris, 2:00 PM GMT,
7:30 PM IST (India Time)

Time

Trần-Thi-Kim-Diêu is a member of the TS in France since 1972. She is a post-graduate in Pharmaceutical Technology. She is a former Chairperson of the European Federation of the TS and former President of the TS in France. She travels widely to encourage cooperation and promulgate the teachings as well as to share experience in service of the TS. Her main concern is to promote a new way of living where each human life can be guided by universal ethics and the mystic dimension of consciousness.

INTRODUCTION

For decades and back for centuries, the interest given to meditation seems to grow steadily. Many methods have been applied by the most advanced minds and offered to the enquirers. What is to meditate? Who meditates? For what purpose? Is there any target, any motivation? How to practice with efficiency making meditation fruitful and meaningful? More questions will be met during the 13 sessions which include each a theoretical part, a time for Q&A and/or discussion, and a space for practice.

SUGGESTIONS FOR READING

Tao the King by Lao Tzu
(English translation by Isabella Mears)
H.P.B. *Diagram of Meditation*
by H.P. Blavatsky
Meditation: Its Practice and Results
by Clara Codd
The Science of Yoga
by I.K. Taimni
The Voice of the Silence
H.P. Blavatsky

TITLES OF TALKS (DATES, SESSION NUMBERS, TITLES)

= MAY

- 05 1 – What is meditation?
Why we need to meditate?
- 12 2 – Indications for practice
- 19 3 – Preparing the human mind
- 26 4 – Breaking through paradoxes

= JUNE

- 02 5 – The mirror of consciousness
- 09 6 – H.P.B. Meditation Diagram (part 1)
- 16 7 – H.P.B. Meditation Diagram (part 2)
- 23 8 – H.P.B. Meditation Diagram (part 3)
- 30 9 – Evaluation - Behaviour reveals

= JULY

- 07 10 – Awareness is intelligence in action
- 14 11 – Movement is eternal
- 21 12 – Space, time, and consciousness
- 28 13 – Summing up and tips