

THE SCHOOL OF THE WISDOM

To Keep on Being

with

Ven. Olande Ananda Thera

3 MONTHS

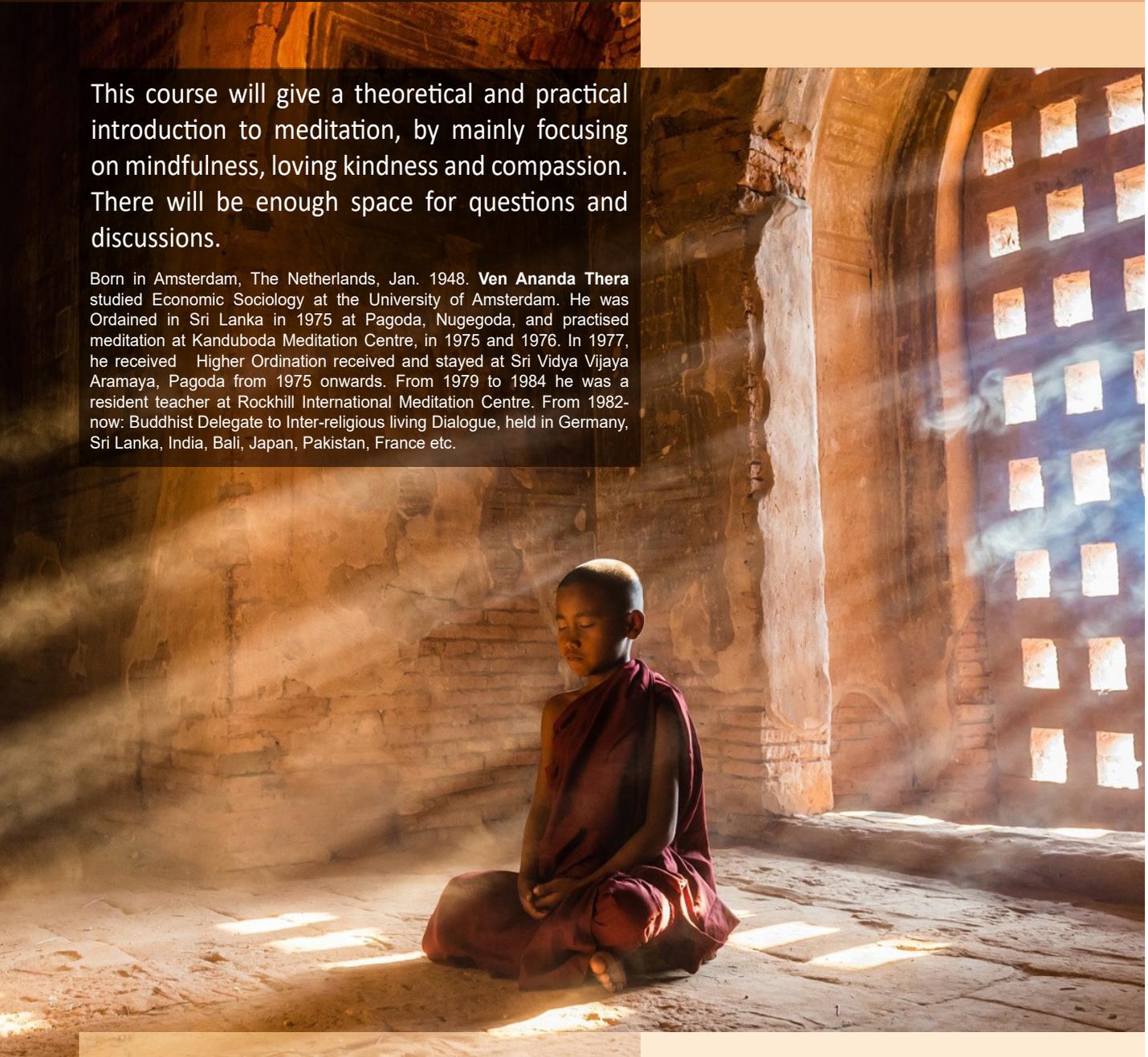
APRIL-MAY-JUNE, 2022

EVERY FRIDAY

17:00 to 18:00 pm IST

This course will give a theoretical and practical introduction to meditation, by mainly focusing on mindfulness, loving kindness and compassion. There will be enough space for questions and discussions.

Born in Amsterdam, The Netherlands, Jan. 1948. **Ven Ananda Thera** studied Economic Sociology at the University of Amsterdam. He was Ordained in Sri Lanka in 1975 at Pagoda, Nugegoda, and practised meditation at Kanduboda Meditation Centre, in 1975 and 1976. In 1977, he received Higher Ordination received and stayed at Sri Vidya Vijaya Aramaya, Pagoda from 1975 onwards. From 1979 to 1984 he was a resident teacher at Rockhill International Meditation Centre. From 1982-now: Buddhist Delegate to Inter-religious living Dialogue, held in Germany, Sri Lanka, India, Bali, Japan, Pakistan, France etc.



Applications for participation in this link:

<https://tsconvention.com/sow-appliform-ananda/>

For more information about SOW visit this link:

<https://www.ts-adyar.org/content/school-wisdom>

O N L I N E V I A Z O O M

For members of the Theosophical Society

