

# THE SCHOOL OF THE WISDOM

## Chanting Workshop

with  
**Jaishree Kannan**

**DATES 2023:**

11 JANUARY

4 and 11 OCTOBER

20 and 23 NOVEMBER

**Time:** 19:00 to 20:00 PM

**Location:** Blavatsky Bungalow Upstairs

**Mantra Language:** Sanskrit

SOW Students, Adyar Residents and interested members are welcome to join

In this workshop, you will learn a **shanti mantra** in **Sanskrit Language**.

Shanti Mantras or “Peace Mantras” are Hindu prayers or sacred utterances usually chanted at the beginning or at the end of a Vedic ceremony invoking peace.

We will follow the sacred ancient Vedic methodology of teaching a chant, including mnemonic techniques. Hence there is no need of any stationery or or electronic gadgets for the sessions.

Learning from listening and chanting will be encouraged.

At the end of the workshop, each one of the participants will be able to chant a mantra!

**Jaishree Kannan** is a member of the Theosophical Society and a long-time resident of the TS in Adyar. She is interested in music and has been practising chanting for many years. Of late, she has been combining music/chanting with Theosophical Teachings in the form of singing, and lectures to interested audiences.

