

The Theosophical Society



presents

Wisdom for Living

series of talks



Title: Lifestyle Management and Anti-aging

Speaker: Dr Kousalya Nathan

[BNYS, ABAARM (U.S) PhD]

Date : 21 - 10 - 2023

Time : 4.00 pm - 5.00 pm

Venue : Library Hall, Theosophical Society

All are Welcome