

THE SCHOOL OF THE WISDOM

From Intellectual Understanding to Life Practice:
Foundations of the Buddha's Teaching in the
Light of Theosophy

with
Trân-Thi-Kim-Diêu

12-28 OCTOBER, 2022

EVERY WEDNESDAY and FRIDAY

02:00 PM GMT

The sessions will consistently lead the inquirers into the process of moving from intellectual understanding to life practice. A serious examination of the foundation of the Buddha's teaching, such as impermanence, interdependence, the phenomenon of suffering, etc. will open the doors of insight into compassion. Being both the living heart and the love-radiating light of the whole teaching, compassion acts like a catalyst for self-revolution, the first step towards Self-realisation. The fact of suffering will be explored, aiming at the freedom of oneself from this phenomenon. Practical tips will be given when going through the whole doctrine (Four Noble Truths, Eightfold Noble Path, Pañcaśīla, etc.). Most profound concepts such as emptiness (Śūnyatā) and the Middle Way (Mādhyamaka) will be touched upon. A reminder of texts for practice and a bibliography will be given.

Every session will begin and end with a short meditation.

Trân-Thi-Kim-Diêu is a member of the TS in France since 1972. She is a post-graduate in Pharmaceutical Technology. She is Chairperson of the European Federation of the TS and former President of the TS in France. She travels widely to encourage cooperation and promulgate the teachings as well as to share experience in service of the TS. Her main concern is to promote a new way of living where each human life can be guided by universal ethics and the mystic dimension of consciousness.



Applications for participation in this link:

<https://www.ts-adyar.org/event/intellectual-understanding>

For more information about SOW visit this link:

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O N L I N E V I A Z O O M

For members of the Theosophical Society

